



Bitterroot Swim Team

REGISTRATION CHECKLIST

- 2024 Registration Form
- Check for Registration Fee and BAC Pool Pass, Make check out to BST Check # _____
- Check for Elephant Ear Deposit (\$150 per family), Make check out to BST Check # _____



Bitterroot Swim Team

2024 REGISTRATION FORM

CONTACT INFORMATION (PARENT OR GUARDIAN):

Father's Last _____ Father's First _____

Mother's Last _____ Mother's First _____

Mailing Address _____ City _____ ZIP _____

Father Contact: Cell _____ Mother Contact: Cell _____

Email Address _____

Please make sure the above information is correct and checked frequently. These are our primary modes of communication.

Swimmer Name	Birth Date	Swimmers age on Jan 1st	Primary Phone
1 _____			
2 _____			

Note: Swimmer's age division is determined by swimmer's age as of January 1, 2024.

Swimmer's allergies, special medication, medical restrictions. _____ Described below for each swimmer.

Waiver: My swimmer(s) has (have) permission to participate on the Bitterroot Swim Team. We know the risk of injury, disability or death may be involved. The undersigned release, waive, and covenant not to sue the Bitterroot Swim Team, Inc. and its officers, directors, employees, and agents from or for any injury, serious injury, disability, or death alleged to be caused in whole or in part of any action, activity, or omission, voluntarily engaged in or related to participation in Bitterroot Swim Team swimming activities. The above-named swimmer(s) and undersigned assume full responsibility for their actions and decisions, including the cost of medical care and other loss or liability resulting from their participation in swimming activities. The undersigned further release, waive, and covenant not to sue Bitterroot Swim Team coaches, chaperones, and driving parents for losses at swim practice, meets, and while traveling to and from meets and practices.

I hereby authorize the coaches, sponsors, and/or chaperones to act for me according to their best judgment in any emergency requiring medical attention and hereby waive and release the Bitterroot Swim Team, Inc. and its officers, directors, employees, and agents, coaches, chaperones, and anyone associated with the swim team of all liability for any illness and/or accident of the participant.

Parent/Guardian Signature: _____ **Date signed:** _____

I have read and reviewed and will abide by: (Please initial)

____ Parent Expectations _____ Fair Play Agreement _____ Swimmer's Code of Conduct _____ BAC Policies & Procedures (found under the BAC page on the BST website) _____ BAC-BST Pool Use Agreement (found under the BAC page on the BST website)

By Initialing above we acknowledge and understand the parents and swimmers' expectations, team, and aquatic centers rules. Refunds are only available to first time swimmers who do not qualify for team membership determined by the Head Coach. Cap replacement fee is \$10. The last day for all new swimmer registration is 6/10/2024.



Bitterroot Swim Team

PAYMENT INFORMATION

Parent Name(s) _____

Swimmer(s) _____

Registration Fee: Includes membership, insurance fee, and swim cap if a new swimmer. As well as a **Summer Pool Pass** to the **Bitterroot Aquatic Center** for Open Swim. The Pool Pass does not include Lap Swim.

\$175.00 per swimmer _____ x **\$175.00** \$ _____

- Reduced rates for more than two swimmers in a family

\$75.00 for 3rd swimmer

\$40.00 for 4th swimmer

POST DATED CHECK (Sept. 5, 2024)

Elephant Ear Booth **\$150.00 per family** _____ x **\$150.00** \$ _____

Check #/Cash: _____

Received by: _____

Date Received: _____



Bitterroot Swim Team

PARENT EXPECTATIONS

BST GOALS:

Below is a list of goals for the Bitterroot Swim Team and the environment that we hope to cultivate by participation.

- To foster the development of high self-esteem and help cultivate a positive self-image.
- To promote physical fitness and encourage proper conditioning and health habits.
- To develop swimming skills for lifetime enjoyment and safety.
- To provide opportunities to learn the values of hard work, dedication, self-discipline, perseverance, and responsibility.
- To provide high quality instruction, training, and competition in the sport of swimming for all swimmers.
- To develop good sportsmanship, social skills, and friendliness among all team members.
- To motivate and be a good role model.
- To have fun doing all the above!

BST/COACH REQUESTS:

- **Swimmers must be able to swim the length of the pool to join swim team.** Coaches will assess this on the first day of practice.
- Please have your child at the Bitterroot Aquatic Center 15 minutes prior to their scheduled practice for warm up and stretching.
- Swimmers with hair past their ear **MUST** wear a swim cap.
- Children need to be picked up at the end of practice, **NO EXCEPTIONS!** The Bitterroot Aquatic Center is not responsible for children left and neither are the coaches. If children are not picked up immediately after their practice a \$10 fee per 15 minutes will be charged by the BAC and we will have to pass that fine to the parents. Please help us maintain a good relationship with the BAC and keep our children safe.
- Parents are not allowed on deck during practice or at meet times. Also, during practice parents are not allowed in the common area (except in inclement weather).
- It is the parent's responsibility to monitor their children's behavior prior to and after practice in the locker rooms. If items are broken, the parents will be responsible for paying for the damage.
- Parents are asked to conduct themselves in a positive, professional, and sportsmanlike manner. If parents have an issue with a coach, they are asked to address this privately and **NEVER** on deck. Please remember the positive environment that we are trying to cultivate for our children!
- Parents are asked to have a great time and enjoy this time with their children. Many families recall BST as some of their favorite memories!

TIME COMMITMENTS:

BST is a commitment to your swimmer and their teammates. We understand it is summer, so trips and family time are expected, encouraged, and excused. Please try to have your swimmer(s) to their scheduled practices otherwise.

The Bitterroot Swim Team requires swimmer participation at a minimum of two meets prior to the Divisional meet to qualify for Divisionals, and swimming at the Divisional swim meet is expected.

ELEPHANT EAR FUNDRAISER:

There will be at least one fundraiser this year. Participation in this fundraiser builds team unity and keeps annual registration costs down. **The Elephant Ear booth fundraiser is MANDATORY. Therefore, we collect a \$150 postdated check per family. If your family does not participate this check will be deposited in September 2024.** The Elephant Ear booth is open during the Ravalli County Fair (Labor Day Weekend) every year. At least one member of each family is **required** to sign up for at least one shift (you also must pay your gate ticket into the fair). The Elephant Ear booth fundraiser grosses most of our operating budget for the swim season. This is a **TEAM** effort. Many families enjoy this event and include grandparents, aunts, uncles, and friends.

HOME MEET:

Our home meet is also an event where participation is mandatory, even if your swimmer(s) are not swimming. Our home meet this year is June 22-23. It takes a lot of time and effort to host a successful event. You will be asked to help set up, bring supplies, volunteer during the event, and clean up. Potential volunteer duties include concessions, timing trailer, staging, awards, result posting, and hospitality. Many hands make light work, and we guarantee that you will not miss your swimmer(s) events.

TEAM FEES:

The team fees are allocated towards pool rental, meet entries, operational expenses, equipment, and insurance. BST provides swim caps for new swimmers, the use of all training equipment and pays all swim entries. Please ensure your swimmers are being responsible with all BST merchandise and equipment.

Summer Meet Schedule 2024:

- June 1-2 Shelby**
- June 8-9 Cut Bank**
- June 15-16 Choteau**
- June 22-23 Hamilton (HOME MEET)**
- June 29-30 Conrad**
- July 13-14 Fort Benton**
- July 20-21 DIVISIONALS @ Columbia Falls**
- July 27-28 STATE @ Sidney**



Bitterroot Swim Team

FAIR PLAY AGREEMENT

Per the Federation Bylaws (below) all BST swimmers are expected to adhere to the regulations concerning off-season swimming. Swimmers **MAY NOT** swim in an organized manner from September 1 through June 1. This does not mean that you can't swim with your kids while on vacation or in a recreational manner as a family. This topic has been greatly discussed over the past year at the Federation. Below are the specific bylaws.

FEDERATION BY LAWS:

300.1 Requirements: Federation clubs must compete only during the summer months and limit practice as a team from June 1 to September 1. Federation team members may not swim on a regular schedule, more than once per week from September 1 to the following June 1.

- A.** Organized swim training from September 1 to the following June 1 is expressly prohibited.
- B.** Swimming during vacation or travel associated business that is not directly in conflict of provision 300.1A will not be a violation of this rule.
- H.** After thorough investigation, a team found in violation of this rule, will receive a written warning from the board of directors for the first offense. Continued substantiated violations of this rule will result in the entire team being placed on probationary status where they will be unable to compete for any team trophies for the remainder of that season.

When signing your child's registration form you are acknowledging this Fair Play Agreement and that your swimmer did not have any instructional swimming or receive coaching for swimming from September 1, 2023, through May 31, 2024. This rule does not apply to swimmers who did swim as part of school sponsored P.E. program. Swimmers who did receive coaching for swimming or any instructional swimming during that time can swim with the Bitterroot Swim Team but will only be able to compete as an exhibition swimmer for this season.



Bitterroot Swim Team

SWIMMER CODE OF CONDUCT

As a member of the Bitterroot Swim Team, you will be expected to conduct yourself in manner acceptable to the general standards of good behavior. In particular:

- All swimmers must display good sportsmanship in practice and in meets, as well as always when representing the Swim Team. This includes behaving with grace and dignity in both victory and defeat.
- Swimmers shall not use profanity at any time during a Swim Team function (practices, meets, dances, camping areas, etc.)
- All swimmers shall be supportive and respectful of their teammates, opponents, officials, coaches, and parents.
- All swimmers shall contribute to the setup and tear-down of all practices. This means active, daily participation.
- All swimmers shall put the success of the team ahead of individual goals.
- Swimmers must make all practices to compete in the swim meets. Exceptions can be arranged with the Coach.
- Use of tobacco products, performance enhancing drugs, illicit drugs and alcohol by team members is strictly forbidden.
- There is a zero-tolerance policy for curfew violation, fighting, and or possession of weapons.
- All swimmers shall refrain from public displays of affection at all swim team functions.

PROHIBITED SUBSTANCES:

No participant shall use tobacco, alcohol, or illegal drugs. Smoking and use of tobacco products is prohibited on the deck, in locker rooms, in spectator seating or standing areas used by swimmers during the meet or warm-up period. BST follows a ZERO TOLERANCE policy where tobacco, alcohol and illegal drugs are concerned.

CELL PHONE RESTRICTIONS AT BAC:

Use of cell phones and other mobile devices with recording capabilities, which includes voice recording, still cameras, and video cameras, are not permitted in the locker room.

The coaching staff, in conjunction with the BST Board of Directors, shall be responsible for establishing additional rules and regulations. Disciplinary action shall be at the coaches' and BST boards' discretion.

Any violation of the above rules can be met with immediate dismissal from the team. There shall be no warnings necessary. All team members shall be required to agree to the above rules as a condition of their participation on the Bitterroot Swim Team.

LETTERING REQUIREMENTS:

BST will give pins and bars to high school students who qualify. Because BST swimmers come from several different schools, they will need to earn the actual cloth letter from their own school. Criteria will be:

- The swimmer must be a registered member of the BST and have attended 9th grade or above.
- The swimmer must attend practice at least once each day, Monday through Thursday, unless the swimmer notifies the coach or assistant coach with an appropriate excuse. Reasonable excuses are illness, family vacation or camp attendance.
- The swimmer must obey all Montana Federation of Swimmers rules, including those regarding curfews, alcohol, and drugs. He/she must abide by Bitterroot Aquatic Center rules on behavior and abide by rules of the communities and pools at which we are guests.
- The swimmer must participate in at least FOUR (4) swim meets, excluding Divisional and State meets.
- The swimmer must place at the Divisional Meet within the TOP TWELVE in at least ONE individual event or within the TOP SIX on at least ONE relay team.

MEET REQUIREMENTS:

The Montana Federation of Swimmers requires that individual members of Montana Federation teams swim in at least TWO (2) Federation meets to qualify for the Divisional swim meet and a chance to swim at the State meet. Each participant may enter three (3) individual events and two (2) relay events (one medley and one freestyle) at each meet. Coaches will determine relay teams. The Bitterroot Swim Team requires swimmer participation at a minimum of two meets for retention as a team member.

COMPETITION SUITS:

Wearing sweats, shorts, or a towel to protect your competition suit while not competing is suggested.

TEAM SWIM CAPS:

Swimmers will be supplied with a BST Logo swim cap at the beginning of the season, to be labeled and kept by each swimmer. If the team cap is damaged or lost, a new one can be purchased for a \$10.00 replacement fee.

ALL SWIMMERS MUST WEAR BST TEAM CAPS IN COMPETITION!

CURFEWS:

All swimmers have a curfew on Friday night before the meets as well as Saturday night of the swim meet. This is a Federation rule, a courtesy to others camping, and a good training practice. Curfew is as follows:

- Bantams & Midgets. 9:30 PM
- Juniors 10:30 PM
- Intermediates & Seniors..... 11:00 PM

All campers should assume that other campers want to sleep. As a matter of respect, campers should turn down the volume on conversation and activity at 10:00 PM. The Federation bylaws state, "**Curfew infraction may result in disqualification by the meet manager.**"